

## **ERASMUS+ PROJECT “BE HAPPY, BE BRIGHT, BE YOU” MOBILITY TO PONTASSIEVE- ITALY FROM 7TH TO 14TH OCTOBER 2024**



**The Erasmus group**

From 7th to 14th October 2024 the mobility linked to the Erasmus project “Be happy, be bright, be you” took place in Pontassieve, Italy. During this period 22 Greek students lived with 22 Italian students, who hosted them in their homes.

We picked up the Greek students in front of our school in the evening of 14<sup>th</sup> October and welcomed them in our families. We were all so happy to meet them again and excited about what we had planned for them. Luckily we didn't have any problems sharing our home with our friends and we all had a great time.

On the first day of activities, we welcomed them in the school auditorium; after some workshops we had lunch together. In the afternoon we went to the town hall of Pontassieve and took a guided tour of the clock tower. Finally, we had a meeting with an artist and saw the exhibition of his works.

Great experiences occurred in the following days. We visited Florence and the Uffizi Gallery, one of the most important museums in the world. We showed our Greek friends the city and its beauty, monuments and churches. However, the Uffizi Gallery, with all its ancient and famous works of art, was definitely the best part of the trip. We also went to Vallombrosa and Romena, to show them the typical landscapes and countryside of Tuscany, which are very different from theirs.

At school we participated in some workshops, indeed we worked in groups on topics related to the well-being of teenagers, making videos and presentations that we shared with everyone at the end of the week. During another school workshop led by two of our teachers, we discussed together about wellbeing and social behaviours, improving skills such as public speaking and team building; we also learned about assertive or aggressive behaviour.

After a week full of happiness, unfortunately, it was time for our Greek friends to go home, but before leaving them we shared beautiful moments singing Italian and Greek songs all together. It has been such an unforgettable experience that has left us with strong bonds and friendships with the other students. We hope the EU will continue to fund these experiences because they are really life-changing and give you a great opportunity to learn about different cultures and lifestyles, besides creating amazing international friendships.

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